

Welcome to Kai La Caleta, a modern Japanese Izakaya restaurant situated in the heart of Tenerife, Spain. Izakaya restaurants in Japan are typically known as casual bars where friends drink and mingle after work. Traditionally, Izakaya restaurants serve small dishes that customers snack on while drinking. Hence, Izakaya restaurants are comparable to Spain's beloved tapas bars.

Kai La Caleta takes a modern approach to the Izakaya style of cuisine and elevates the experience with the highest quality sourced Spanish and Japanese ingredients, as well as with an extensive list of sakes and fine wines. All of this is brought to you in a minimalist, modern and yet traditional Japanese setting.

Specifically, our food in Kai La Caleta is based on Japanese cuisine with hints of Peruvian flavours. Our choice of cuisine was inspired by the Nikkei, specifically the Japanese emigrants who live in Peru. Based on the Nikkeis' expertise in both Japanese and Peruvian cuisines, Kai La Caleta was inspired to share a wide range of dishes meticulously crafted just for you.



www.kailacaleta.com



kai
La Caleta

ENGLISH

SNACKS

STREAMED EDAMAME	5€
SPICY GARLIC EDAMAME	7,50€
BAO BUN (2 PIECES PER ORDER)	
DUCK AND HOISIN	10,80€
BATTERED FISH	10,80€
MINI TACOS (2 PIECES PER ORDER)	
SALMON	10€
TUNA	10€
STEAK	10€
MUSHROOM	9€
LOBSTER	13€
SALT AND PEPPER CALAMARI <i>lemon black garlic aioli</i>	14,50€
SOFT SHELL CRAB (SEASONAL) <i>with wasabi mayonnaise</i>	12,80€
PORK DUMPLINGS (GYOZA) (6 PIECES)	10,50€
SEAFOOD DUMPLING (6 PIECES)	11€
VEGETABLE GYOZA (6 PIECES)	9€
MISO SOUP <i>tofu, wakame</i>	6,50€

COLD DISHES

CEVICHE	
SEA BASS TRADITIONAL	19,80€
TUNA <i>with Rocoto pepper leche de tigre</i>	19,80€
MUSHROOM	9,60€
TIRADITO	
SALMON <i>with spiced pickle dressing</i>	14,80€
TRUFFLE WHITE FISH <i>purple shiso</i>	14,80€
TUNA <i>with sweet and sour aji chizo dressing</i>	16,20€
SCALLOP TIRADITO	17€
TUNA BELLY (TORO) <i>with baked tomato</i>	23€
TATAKI	
TUNA TATAKI <i>with tosazu sauce</i>	15,80€
TUNA TARTAR	16,20€
TUNA BELLY TARTAR WITH BONE MARROW <i>with egg yolk</i>	27,80€

SUSHI

SUSHI	NIGIRI 2 UND.	SASHIMI 3 UND.
TUNA	8€	8,80€
SALMON	7€	7,80€
WHITE FISH	7€	7,80€
SCALLOP	7€	7,80€
TUNA BELLY (TORO)	10€	13€
EEL	8€	
GUNKAN (2 PIECES)		
TUNA BELLY (TORO) <i>with quail egg</i>		13,80€
SALMON ROE		12,80€
NIGIRI KAI (2 PIECES)		
CHARCOAL SEARED STEAK WITH CHIMICHURRI	10€	
CHARCOAL SEARED SALMON WITH MISO & LIME	9,50€	
CHARCOAL SEARED TUNA WITH PONZU GEL	9,50€	
QUAIL EGG WITH TRUFFLE	7,20€	
SCALLOP WITH MENTAICO	8,50€	
FOIE GRAS WITH PANCA PEPPER SAUCE	7,80€	
OCTOPUS WITH YUZU KOSHO	7,80€	
MORIAWASE		
SELECTION OF SASHIMI 9 <i>(3 kinds of fish)</i>	23,80€	
SELECTION OF TRADITIONAL NIGIRI 6	21,80€	
SELECTION OF MODERN NIGIRI 6	22,90€	
SELECTION OF CALIFORNIA ROLL & MORIAWASE 16	28,50€	
SUSHI SELECTION 26	42,80€	
HOSOMAKI (6 PIECES)		
TUNA	8,80€	
SPICY TUNA	8,80€	
SPICY SALMON	7,20€	
SALMON & AVOCADO	7,80€	
CUCUMBER	6,20€	
AVOCADO	6,20€	
URUMAKI (8 PIECES)		
SOFT SHELL CRAB CALIFORNIA ROLL	18,80€	
SALMON MISO & HONEY	16,80€	
WHITE FISH WITH CEVICHE DRESSING	16,80€	
CARABINERO WITH EGG FLOSS	19,90€	
SPICY TUNA ROLL	18,20€	
SHRIMP TEMPURA	16,50€	
OCTOPUS AND OLIVES	18,20€	
EEL, FOIE GRAS AND APPLE	20,80€	
FILLET STEAK AND KING CRAB	22,90€	
TUNA BELLY (TORO)	21,90€	
FUTOMAKI (8 PIECES)		
KAI CRUNCH ROLL WITH KING CRAB & SALMON	19,80€	
LOBSTER	19,20€	
VEGETABLE	14,80€	

TAXES INCLUDED

SALADS

FRIED TOFU <i>Japanese seaweed and avocado salad</i>	12,20€
MUSHROOM <i>ginger tosazu</i>	12,20€
SASHIMI <i>Japanese onion dressing</i>	16,20€
LOBSTER <i>citrus dressing</i>	18,80€
OCTOPUS <i>with japanese vinaigrette</i>	15,80€

TEMPURA

CREAMY SPICY SHRIMP TEMPURA <i>creamy and spicy sauce</i>	14,50€
SHRIMP TEMPURA	14,50€
KING CRAB TEMPURA <i>amazu ponzu</i>	27,50€
ASSORTED VEGETABLES	12€

FISH

MISO WRECKFISH	21,50€
STEAMED SEABASS <i>spring onion, ginger</i>	22,50€
SALMON <i>teriyaki</i>	18,50€

GRILL SEAFOOD

KING CRAB LEG <i>garlic butter</i>	38,20€
WHOLE LOBSTER <i>with a reduction from its own butter and crispy almond</i>	39,90€
CARABINERO PRAWN (1 PIECE) <i>miso butter, yuzu</i>	18,20€
OCTOPUS <i>creamy truffled potatoes and miso pesto</i>	19,90€

GRILL MEAT

FILLET STEAK <i>wafu sauce</i>	22,90€
BONELESS RIBEYE STEAK 500G PARA 2 PAX <i>with chimichurri and demi-glace sauce</i>	54,90€
PICAÑA 67 DAY DRY AGED <i>Demi-glace sauce</i>	24,50€
SECRETO IBERICO <i>mustard miso</i>	17,80€
BABY BACK RIBS <i>Japanese bbq sauce</i>	17,50€
CHICKEN THIGH <i>orange balsamic teriyaki sauce</i>	17,50€
CHICKEN THIGH <i>anticucho sauce</i>	17,50€

Sautéed vegetables, 8€ / French fries 5€ / Mashed potato 5€

TAXES INCLUDED

SKEWERS

CHICKEN WINGS (4 PIECES) <i>sea salt and lemon</i>	9,50€
CHICKEN WITH SPRING ONION (2 SKEWERS)	12,50€
CHICKEN ANTICUCHO (2 SKEWERS)	12,50€
SCALLOPS (3 PIECES) <i>with mentaiko mayonnaise and plum sauce</i>	18,80€
STEAK (2 SKEWERS) <i>teriyaki and chilli daikon</i>	13,80€
STEAK <i>Anticucho sauce</i>	13,80€
SHITAKE MUSHROOMS <i>Terayaki sauce</i>	8,80€
CORN <i>with miso butter</i>	8,80€

RICE AND NOODLES

JAPANESE FRIED RICE	8,80€
SEAFOOD RISOTO	18,20€
JAPANESE STEAMED RICE	4,80€
STIR FRIED YAKISOBA NOODLES <i>with chicken and prawns</i>	13,80€
CURRY UDON <i>prawns and vegetables</i>	14,80€
UDON WITH HUANCAINA SAUCE <i>prawns and vegetables</i>	17,20€
PERUVIAN FILLET STEAK NOODLES	18,80€

VEGETABLES

EGGPLANT <i>mustard-miso</i>	12,50€
ASSORTED MUSHROOM <i>garlic ponzu</i>	10,80€
ASPARAGUS <i>garlic prawns</i>	10,80€
VEGETABLE WITH CURRY SAUCE	10,80€

KIDS MENU

CHICKEN NUGGETS
with chips

FISH FINGERS
with chips

12€